

A photograph of a wooden boardwalk or path that recedes into the distance, flanked by tall, thin trees. The perspective is from a low angle, looking down the path. The lighting is soft, suggesting an overcast day or late afternoon. The path is made of dark wooden planks, and the trees have light-colored bark and some green foliage visible in the background.

HEALTHY RELATIONSHIPS WORK GROUP – 5.20.20

MICHELE LUC, TRAINER

**ACT FOR YOUTH CENTER FOR COMMUNITY ACTION/CORNELL
UNIVERSITY**

CHECK-IN



- On a scale of 1-10 (1 being the worst, 10 being the best), how are you doing?

AGENDA

- Check-in
- Poll
- Video
- Game time
- Prep for Next Session

HOUSEKEEPING

Experiencing delays?

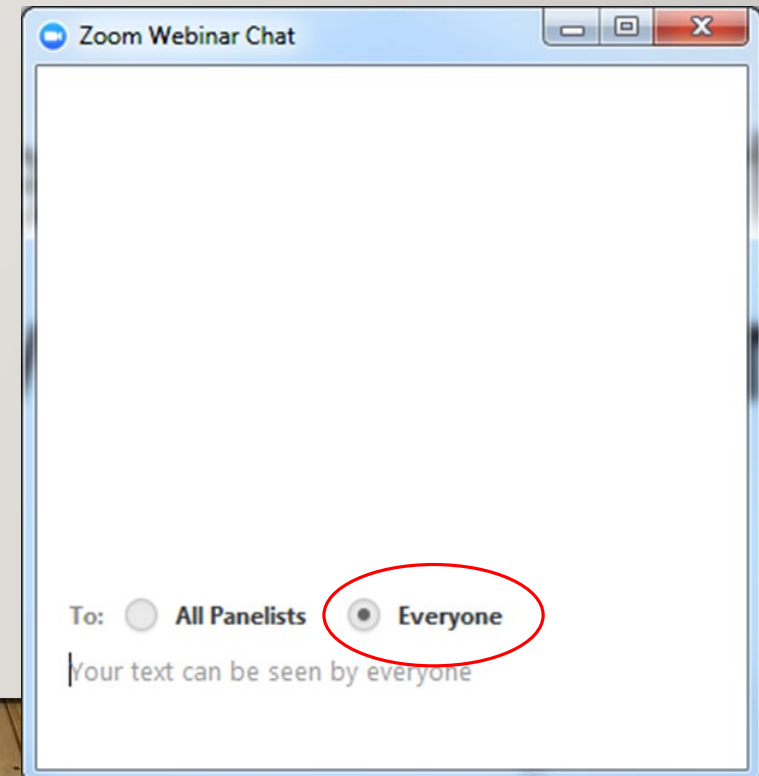
Try closing out the other programs running on your computer

• Audio

- You control the volume. Please mute yourself during the presentation.

• Questions?

- Use chat function. Post to Everyone.



ONE'S GOTTA GO!



1



2



3



4



5



6

WORK GROUP GOALS

- Develop sexual health material related to Healthy Relationships that can be used by teachers/schools via their online platforms during this time of crisis
- Create inventory of material/lesson plans online
- Develop educational material to be used in virtual meetings



OBJECTIVES & RATIONALE

PWBAT:

- Identify how to use common games & interactive activities to discuss healthy relationships.
- Discuss how to alter activities to work with different populations.

PURPOSE

- To give educators a foundation for developing activities when no curriculum is available.
- To share sources for inspiration for activities.

HOLLYWOOD GAME NIGHT – AT HOME EDITION



- <https://youtu.be/5UQmLpnpisC>

HEADS UP!

- Are you IG, FB or Zoom-ready? - For 1 or more of the games, you may have to show your video (optional)
- Keeping Score – Get paper & a pen/pencil so that you can keep your own score (or score for someone else)

THINGS TO TAKE INTO CONSIDERATION



- Let people know what is expected of them (e.g. sharing video, make rules of game explicit)
- How will people play? (individuals or teams)
- What platform/features will be used?
- Will there be options for people who don't have video capabilities?
- How will scoring happen & will there be any prizes?

PROCESSING/DEBRIEFING AFTER EACH ACTIVITY

- What did you think of the activity?
- How do you think it would work with your youth/populations?
- How could you change it make it work better with your group or to work with different groups (think age, culture, etc.)
- If not explicit already, how could you use this activity to discuss healthy relationships? What other topics could you cover using this strategy?

SCAVENGER HUNT

Read description/rules aloud, then give participants the option to play or not:

- I will read off random items from a list one at a time. They will also show up on the screen.
- You have 1 minute to try to find the item somewhere in your home & hold it up on the screen for all to see (the host will verify if you got the correct item).
- You will give yourself one point for each item. The person with the most points wins.
- You cannot get help from someone in your home.

SCAVENGER HUNT ITEMS

- A pair of glasses w/tinted lenses
- An internal condom
- An article of clothing with a sports logo on it
- A gift you've given to a loved one
- A vinyl record OR cassette tape
- Water-based lubrication
- A flashlight or lantern
- A gift a loved one has given to you
- A citrus fruit
- A childhood picture of yourself (non-digital)



CHARADES

- Ask for 3-4 volunteers who will serve as “actors” while the rest of the group serves as the audience.
- The host will send one of the actors a word/phrase via private message in the chat.
- That person must act out the word for the participants in silence (NO WORDS). If they get an audience member to guess their word/phrase in 30 sec., they get a point. Then the next person goes. Ask for a volunteer to keep score.
- Spend 5 min. doing words and another 5 min. doing phrases
- The person who has the most points at the end of the game wins. To make it harder, make the time limit 15 sec.

CHARADES - WORDS

- Guitar
- Sunglasses
- Blanket
- Mouse
- Speaker
- Hanger
- Yo-yo
- Double Dutch

- Cold
- Sweating
- hair cut
- Sex Educator
- Birth Control Pills
- Communication
- Affection
- Consent

- Super Hero
- Lap top
- Condoms
- Jump rope
- Bubble Gum
- Dumbbell
- Biker

- Counselor
- Bowling Ball
- Stiletto
- Candle
- Selfie
- Apology
- Compromise

WOULD YOU RATHER: MUTE VIDEO & VOTE BY MAKING NOISE

- Talk via text or phone
- Facebook or Instagram
- Condom or birth control pill
- Night out with friends or quiet night in alone or with loved one
- Go on a cruise or go to a resort
- Not being able to be with your partner, but talk every day or seeing your partner daily, but not being able to touch them
- The person of your dreams who's broke or a wealthy partner who is neglectful

APPLICATION OF CONTENT

- Any other common games/activities that can be used to engage participants in conversations on healthy relationships?
- What additional topics can you use these activities to discuss?





- **Next Week: Volunteer(s) for next sessions**

- **May 27th**

- **June 3rd**

- **June 10th**

A photograph of a wooden boardwalk or path winding through a forest. The path is made of dark wooden planks and is flanked by large, light-colored tree trunks. The background shows more trees and a slightly hazy atmosphere. In the bottom right corner, the text "THANK YOU!!!" is written in a bold, white, sans-serif font.

THANK YOU!!!